

Job Stress among working professionals: A bibliometric analysis of trends, challenges and prospects

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The rapid change in the world with the emergence of Industry 5.0 has brought a predicament where job stress of the working professionals is on the rise. Research shows about 41% of the employees globally feel stressed at their workplace. About 30% of the employees in India report stress on a daily basis. Stress is acting as a termite in the working population nationwide and people are in need of active interventions for mental disorders as per the latest surveys. This study uses bibliometric analysis for a systematic evaluation of the global research trends on job stress from 2015 to 2025 across multiple nations in the world, identifying niche research themes and declining themes, notable authors in the field, and emerging challenges. Using SCOPUS-indexed publications, this study makes use of VOSviewer, Google colab and Rstudio as the tools to analyse keyword co-occurrences, research collaborations and research affiliations world-wide demonstrating a structured view of the relevance of the study in today's competitive environment. Findings reveal the most relevant areas where prominent studies have taken place so far and the major stress research occurring in different countries over this decade, showing a significant dip in stress research post-pandemic. This study presents valuable insights for future researchers, organizational leaders and policy-makers for creating a work environment which is congenial and more productive.