

Unemployment among Youths in Urban and Semi Urban Areas

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Unemployment among educated youth has emerged as a critical socio-economic issue. Despite increasing access to higher education, still educated youth struggle to secure suitable employment opportunities. It occurs because of factors such as skill mismatch, lack of industrial growth, limited job creation, migration, and the gap between academic curriculum and market requirements. The issue of unemployment among educated youth also highlights a significant impact on mental health. This contributes to psychological stress, low self-esteem, and social withdrawal among the youth. Mental health issues are linked to socio-economic background and employment, highlighting how financial insecurity and social expectations intensify emotional distress. However, there remains a gap in understanding the mental health challenges faced by graduate youth in India, particularly in Kolkata City. Youths aged 18-35 consensus that social expectations from family and society further intensify the emotional burden on youth. Unemployment requires not only economic opportunities but also psychological support to safeguard the overall well-being of an individual.

Keywords: Socio-economic Issue, Skill Mismatch, Job Creation, Mental Health, Self-esteem

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